



## COACHING STAFF

**Mary Askren - 17th Year Head Coach**  
**Jessica Karr - 14th Year Assistant Coach**  
**Taylor Blehm - 1st Year Assistant Coach**  
**Elly Johnson - 2nd Year Assistant Coach**  
**Middle School Coaches / College Athletes**

## CONTACT INFO

**Mary Askren**  
**P.O. Box 283**  
**Kechi, KS 67067**  
**(316) 655-8095**

**Email: maryaskren@yahoo.com**



**CAMPUS VOLLEYBALL**  
**2006 SUB-STATE**  
**CHAMPS**

# COLT STRONG

**WHO?** Girls entering grades 9th – 12th  
**WHAT?** Summer Weights and Conditioning Program  
**WHEN?** Beginning June 3rd – June 27th  
**LADY COLT SESSION 8:00 am - 9:30 am**  
 Mondays, Tuesdays, Wednesdays, and Thursdays

### WHY?

- To take your game to the next level!
- To push yourself to reach your full potential!
- To increase your athletic ability!
- To give yourself the competitive edge!
- To take Campus athletics to the next level!

**WHERE?** Campus High School Weight Room

**COST?** FREE



## VOLLEYBALL OPEN GYM

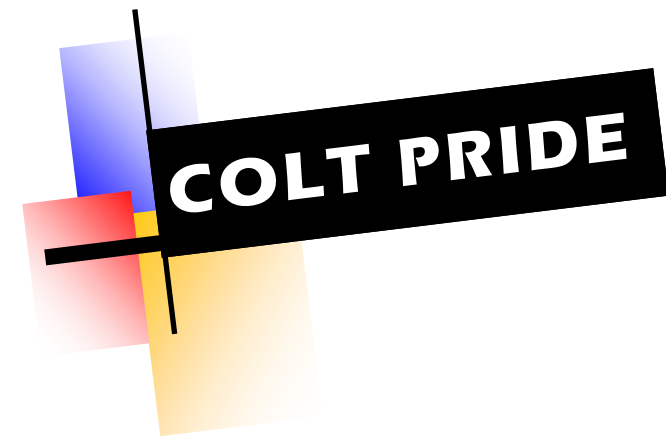
**WHEN?** JUNE 3rd - JUNE 27th (NO OPEN GYM June 11th)  
 Mondays, Tuesdays, Wednesdays, and Thursdays  
 6:30am – 8:00am \*15 SESSIONS\*

**WHERE?** Campus High - Main Gym

**COST?** FREE

**WHY?** GET IN SHAPE! IMPROVE VBALL SKILLS!  
 TRYOUT FOR COMPETITIVE SUMMER COMPETITIVE TEAM!!  
 INDIVIDUAL WORK WITH COACHES! BOND WITH TEAM!

**CAMPUS VOLLEYBALL**  
**2019**



# **CAMPUS**

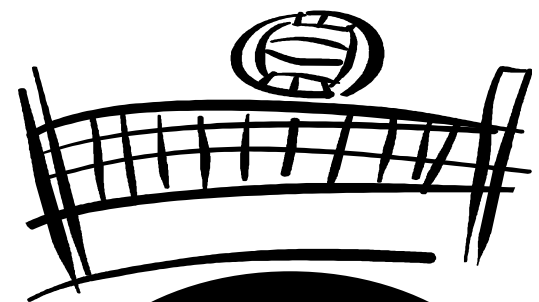
# **VOLLEYBALL**

# **SCHOOL**

# **2019**

### Location:

**Campus High School Main Gym**  
**2100 W. 55th St. South**



**Head Coach**  
**Mary Askren**  
**655-8095**

# HIGH SCHOOL VOLLEYBALL



**WHO:** For students entering 9th – 12th  
(Grade in the Fall of 2019)

**WHEN:** JULY 8th – 11th  
12 Hours of Instruction

**9th – 12th GRADE ONLY:**  
10:00am – 1:00pm

We will focus on advanced fundamentals. Players will be exposed to defensive/offensive techniques and develop team systems. Players will be participating in an energetic, positive atmosphere that will propel their game to the next level. Be ready for an exciting, fast-paced, intense 4 SESSIONS of fun and competition!

**COST: \$75**

**WHERE:** CAMPUS HIGH SCHOOL  
\*\*\*MAIN GYM Check-In\*\*\*

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## REGISTRATION DEADLINE

JULY 1ST

\$10 LATE FEE AFTER ABOVE DATE

All players are expected to wear T-shirts, athletic shorts, athletic shoes, and bring a water bottle.

ALL PARTICIPANTS RECEIVE A  
T-SHIRT, PICTURE, AND 12 HOURS  
OF POWER-PACKED  
INSTRUCTION!!!!



# ELEMENTARY & MIDDLE SCHOOL

**WHO:** ALL girls entering 2nd – 8th  
(Grade in the Fall of 2019)  
\*\*See specific times for grade levels\*\*

**WHEN:** JULY 8th – 11th

**6th - 8th Grade:** 2:00pm - 4:00pm

\*\*\*\* 8 HOURS OF INSTRUCTION \*\*\*\*

Players will be taught fundamentals, offensive and defensive tactics, sportsmanship and knowledge of the game. All instruction is centered around a fun learning atmosphere and is intended to ignite interest in the sport! Players receive 8 hrs of power-packed instruction., during these 4 SESSIONS.

\*\*\*COST: \$50

**2nd - 5th GRADE:** 8:00am - 9:30am

\*\*\*\* 6 HOURS OF INSTRUCTION \*\*\*\*

We will focus on the basic fundamentals of volleyball. Skills will be introduced and incorporated in fun and interesting ways! Sportsmanship will also be a primary focus throughout these innovative sessions. Players will receive 6 hrs of instruction.

\*\*\*COST: \$35

**WHERE:** CAMPUS HIGH SCHOOL

\*\*\*MAIN GYM Check-In\*\*\*

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## REGISTRATION DEADLINE

JULY 1ST – \$10 LATE FEE AFTER DATE

All players are expected to wear T-shirt, athletic shorts, athletic shoes, and bring a water bottle.

ALL PARTICIPANTS RECEIVE A T-SHIRT,  
PICTURE AND 6+ HOURS OF POWER-  
PACKED INSTRUCTION!!!!

# REGISTRATION

Mail this form with checks payable to:

Mary Askren  
P.O. Box 283  
Kechi, KS 67067

**PLAYER:** \_\_\_\_\_

**T-SHIRT:** (Circle one)

Youth S Youth M Youth L S M L XL XXL

**GRADE IN FALL 2019:** \_\_\_\_\_

**EMAIL ADDRESS:**

\_\_\_\_\_

**PHONE:** \_\_\_\_\_

**WAIVER:**

As a parent or guardian of enrolled athlete, I give permission for my child to participate in these volleyball sessions and verify she is healthy and capable of participation. I release Campus High School and all staff from liability if any accident/injury may occur. I also give permission for directors to administer medical care and/or medication if the occasion arises.

**PARENT SIGNATURE:**

\_\_\_\_\_

**INSURANCE COMPANY/POLICY #:**

\_\_\_\_\_

\_\_\_\_\_

???? QUESTIONS ????

PLEASE EMAIL

maryaskren@yahoo.com